

MAHAPURUSHARTHA

Ideal Model for Glorious Integral Personality Development:

This ideal model is Pyramid of needs and path of our Ascent. It has nine Steps as per rising sequence from gross to subtle, from coarse to fine, from basic physical needs to Divine Eternal Needs. This is portrayed in shape of pyramid with the largest, most fundamental needs at the bottom and the need for transcending all worldly desires and to have self-realisation and connect with the "Supreme Lord" "The Mahaprabhu" for Divine Eternal Needs. Let's study these nine steps, levels from bottom of Pyramid to the highest top in the ascending order.

1. 1st step level 1: Basic Physical Needs :

This is the largest and the most fundamental need of all human beings and is most common. Our most basic need is for physical survival. As per the ancient spiritual science of India the great sages and Rishis of India such as great sage Patanjali. In his yoga suras he has classified Human Being as a whole in seven Koshas as Annamaya Kosha, Pranmaya Kosha, Manomaya Kosha, Vigyanmaya Kosha, Anandmaya / Bhavanmaya Kosha, Chittamaya and Aatmamaya Kosha from gross to subtle. So basic physical needs is about Annamaya Kosha. Our basic survival needs are Air, Water, Food, Procreation, Clothing, Sleep, Shelter etc. We are motivated by these needs and we strive to fulfill them by doing work. These needs are all related to our physical gross body. Our physical health is the most important aspect at this level which comes from our Physical Awareness. There is a natural void existing for every level. We naturally get contented when we fill this void. One gets satisfied and fulfilled and experience the joy of senses and sense of achievement after hard work. Unlike animals who have physical and psysiological needs such as air, water, food, shelter & procreation; The human beings have much greater needs such as Mental, Intellectual, Emotional, Conscious And Spiritual Needs etc. Which is why the human beings are the supreme creation of nature on earth. Human beings are created, in the image of God. We have macrocosm within our self (Spirit-Soul).

Although each of the Human Being has great capacity to fulfil most of the higher needs, Wants & Desires, but in reality very few seem to achieve & fulfil higher intellectual, emotional, Conscious and spiritual needs, desires & Goals. The people who achieved higher steadfast state of conscious spiritual awareness are great glorious personalities. As we are satisfied with level 1, i.e. our basic physical needs, Annamaya Kosha we transcend this level and rise to the next higher level; from a common human being.

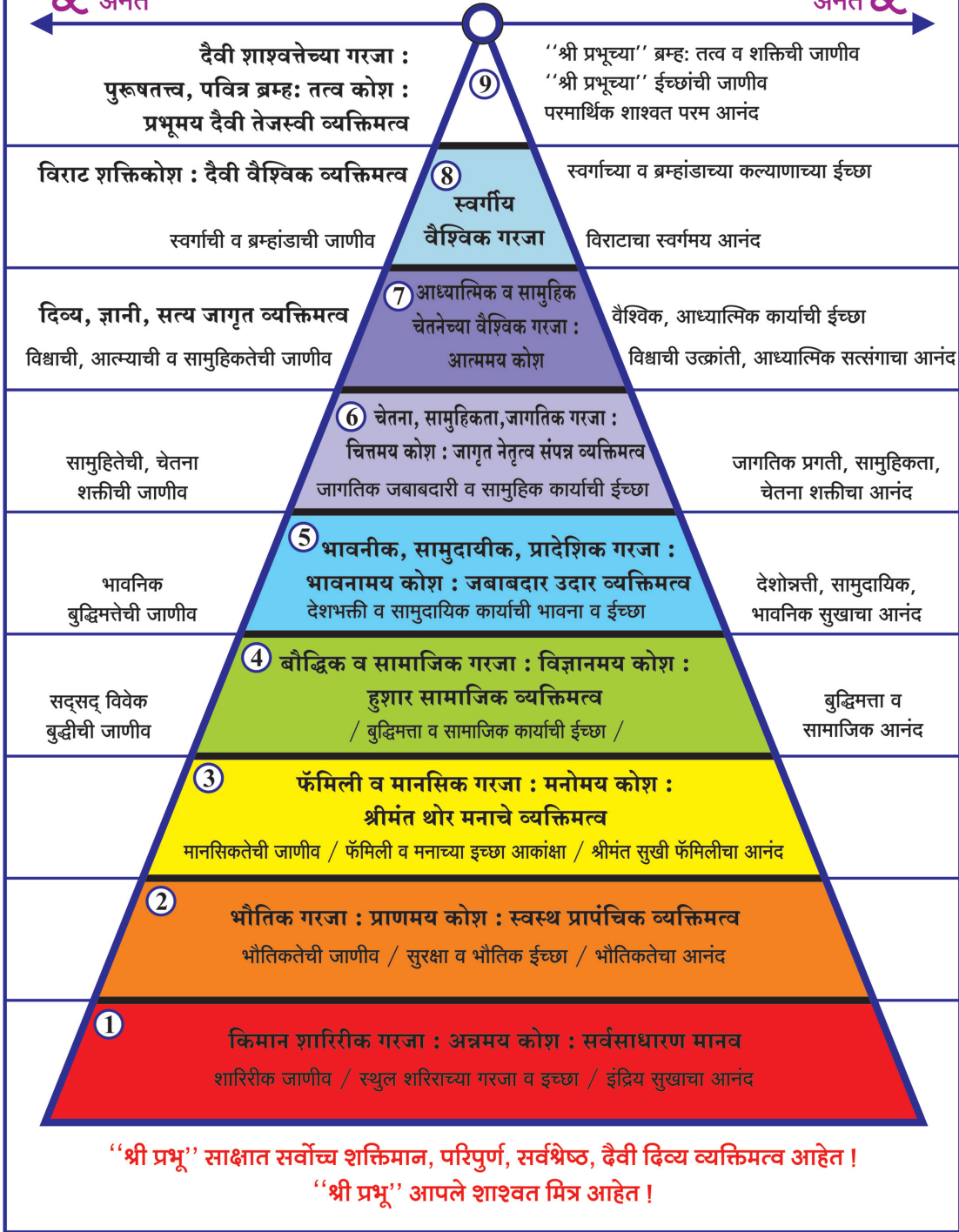
2. 2nd Step level -2 : Physiological Needs :

This is about Pranamaya Kosha. The void in this Kosha is created to maintain our physical balance and Good Health, Livelihood, Psysiological, Anatomical body needs vitality, Life force, proper breathing, proper diet, exercise, sports, skill, developing good habits, manners, behaviour, wellness and wellbeing etc. We strive to fulfill our physiological needs and desire. Knowledge and practice about our physiological Anatomical body is necessary to develop our strong health, good food, exercises and Pranayam are necessary for our development. At this level we identify ourselves to be a healthy personality with our physiological awareness. We are aware of our flow of five vital breaths called as Panch Pranavayu; this is vital life force known as Pran Shaki (chi) which flows throughout our body. We also achieve self-security, security of our family. safety and hygiene.

We experience Joy of Good Health, security and fulfilling of needs, wants and desire at this level. We have to work hard to fulfill this void and transcend it to raise higher to the next level. This physiological anatomical body of Panch Pran is most important and has to be maintained very healthy because this Pranamaya kosha links our physical gross body to our subtle body energy

॥ इण्टिग्रल पर्सनॅलिटी डेव्हलपमेंट जाँय पिरॅमिड ॥
॥ मुलभुत गरजा, इच्छा, उत्क्रांती व श्रेष्ठत्वाचा पिरॅमिड ॥

॥ “श्री प्रभूचे” शाश्वत साम्राज्य ॥



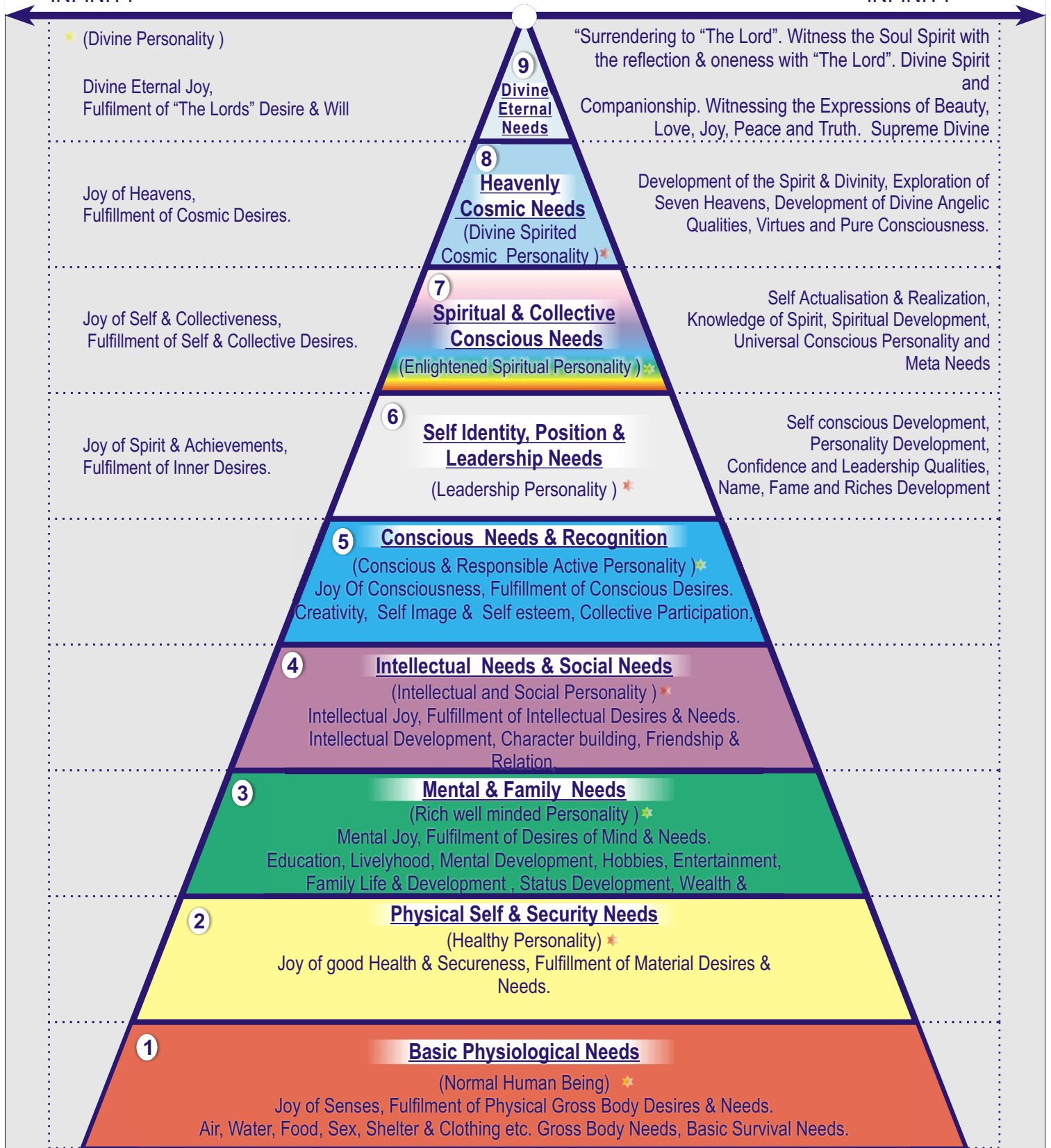
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II IDEAL MODEL FOR INTEGRAL PERSONALITY DEVELOPMENT II
II PYRAMID OF NEEDS & PATH OF ASCENT II
II TRANSCENDING STEPS AND RISING SEQUENCE II

SURRENDERING UNTO THE LOTUS FEET OF "THE LORD"

INFINITY

INFINITY



"The Lord" is the All Perfect, All Powerful, The Real Personality of Godhead.

Complete Surrendering at the Lotus Feet of "The Lord" is the beginning of Our Personality Development.

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