MAHAPURUSHARTHA

Ideal Model for Glorious Integral Personality Development:

This ideal model is Pyramid of needs and path of our Ascent. It has nine Steps as per rising sequence from gross to subtle, from coarse to fine, from basic physical needs to Divine Eternal Needs. This is portrayed in shape of pyramid with the largest, most fundamental needs at the bottom and the need for transcending all worldly desires and to have self-realisation and connect with the "Supreme Lord" "The Mahaprabhu" for Divine Eternal Needs. Let's study these nine steps, levels from bottom of Pyramid to the highest top in the ascending order.

1. 1st step level 1: Basic Physical Needs:

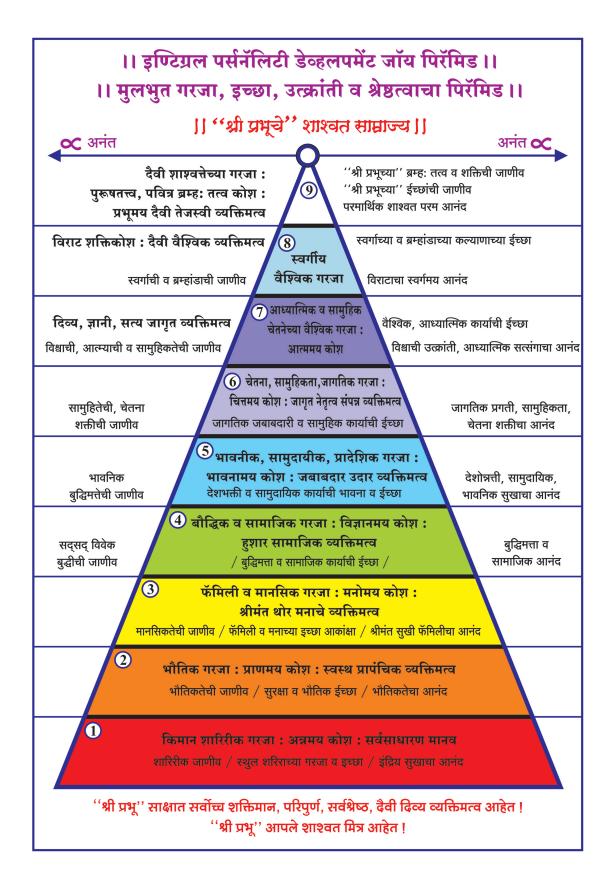
This is the largest and the most fundamental need of all human beings and is most common. Our most basic need is for physical survival. As per the ancient spiritual science of India the great sages and Rishis of India such as great sage Patanjali. In his yoga suras he has classified Human Being as a whole in seven Koshas as Annamaya Kosha, Pranmaya Kosha, Manomaya Kosha, Vigyanmaya Kosha, Anandmaya / Bhavanmaya Kosha, Chittamaya and Aatmamaya Kosha from gross to subtle. So basic physical needs is about Annamaya Kosha. Our basic survival needs are Air, Water, Food, Procreation, Clothing, Sleep, Shelter etc. We are motivated by these needs and we strive to fulfill them by doing work. These needs are all related to our physical gross body. Our physical health is the most important aspect at this level which comes from our Physical Awareness. There is a natural void existing for every level. We naturally get contented when we fill this void. One gets satisfied and fulfilled and experience the joy of senses and sense of achievement after hard work. Unlike animals who have physical and psysiological needs such as air, water, food, shelter & procreation; The human beings have much greater needs such as Mental, Intellectual, Emotional, Conscious And Spiritual Needs etc. Which is why the human beings are the supreme creation of nature on earth. Human beings are created, in the image of God. We have macrocosm within our self (Spirit-Soul).

Although each of the Human Being has great capacity to fulfil most of the higher needs, Wants & Desires, but in reality very few seem to achieve & fulfil higher intellectual, emotional, Conscious and spiritual needs, desires & Goals. The people who achieved higher steadfast state of conscious spiritual awareness are great glorious personalities. As we are satisfied with level 1, i.e. our basic physical needs, Annamaya Kosha we transcend this level and rise to the next higher level; from a common human being.

2. 2nd Step level -2: Physiological Needs:

This is about Pranamaya Kosha. The void in this Kosha is created to maintain our physical balance and Good Health, Livelihood, Psysiological, Anatomical body needs vitality, Life force, proper breathing, proper diet, exercise, sports, skill, developing good habits, manners, behaviour, wellness and wellbeing etc. We strive to fulfill our physiological needs and desire. Knowledge and practice about our physiological Anatomical body is necessary to develop our strong health, good food, exercises and Pranayam are necessary for our development. At this level we identify ourselves to be a healthy personality with our physiological awareness. We are aware of our flow of five vital breaths called as Panch Pranavayu; this is vital life force known as Pran Shaki (chi) which flows throughout our body. We also achieve self-security, security of our family. safety and hygiene.

We experience Joy of Good Health, security and fulfilling of needs, wants and desire at this level. We have to work hard to fulfill this void and transcend it to raise higher to the next level. This physiological anatomical body of Panch Pran is most important and has to be maintained very healthy because this Pranamaya kosha links our physical gross body to our subtle body energy



Ideal Model for Glorious Integral Personality Development

II IDEAL MODEL FOR INTEGRAL PERSONALITY DEVELOPMENT II II PYRAMID OF NEEDS & PATH OF ASCENT II II TRANSCENDING STEPS AND RISING SEQUENCE II

SURRENDERING UNTO THE LOTUS FEET OF "THE LORD"

INFINITY

INFINITY

"Surrendering to "The Lord". Witness the Soul Spirit with (Divine Personality) the reflection & oneness with "The Lord". Divine Spirit Divine Eternal Joy, Divine Companionship. Witnessing the Expressions of Beauty, Fulfilment of "The Lords" Desire & Will Eternal Needs Love, Joy, Peace and Truth. Supreme Divine Development of the Spirit & Divinity, Exploration of **Heavenly** Joy of Heavens, Seven Heavens, Development of Divine Angelic **Cosmic Needs** Fulfillment of Cosmic Desires. Qualities, Virtues and Pure Consciousness. (Divine Spirited Cosmic Personality) Self Actualisation & Realization. **Spiritual & Collective** Knowledge of Spirit, Spiritual Development, Joy of Self & Collectiveness, **Conscious Needs** Universal Conscious Personality and Fulfillment of Self & Collective Desires. Meta Needs (Enlightened Spiritual Personality) 6 Self conscious Development, Self Identity, Position & Personality Development, Joy of Spirit & Achievements, **Leadership Needs** Fulfilment of Inner Desires. Confidence and Leadership Qualities, (Leadership Personality) * Name, Fame and Riches Development **Conscious Needs & Recognition** (Conscious & Responsible Active Personality) Joy Of Consciousness, Fulfillment of Conscious Desires. Creativity, Self Image & Self esteem, Collective Participation 4 **Intellectual Needs & Social Needs** (Intellectual and Social Personality)* Intellectual Jov. Fulfillment of Intellectual Desires & Needs. Intellectual Development, Character building, Friendship & Relation. 3 Mental & Family Needs (Rich well minded Personality) * Mental Joy, Fulfilment of Desires of Mind & Needs. Education, Livelyhood, Mental Development, Hobbies, Entertainment, Family Life & Development, Status Development, Wealth & Physical Self & Security Needs 2 (Healthy Personality) * Joy of good Health & Secureness, Fulfillment of Material Desires & Needs. Basic Physiological Needs (Normal Human Being) * Joy of Senses, Fulfilment of Physical Gross Body Desires & Needs. Air, Water, Food, Sex, Shelter & Clothing etc. Gross Body Needs, Basic Survival Needs.

"The Lord" is the All Perfect, All Powerful, The Real Personality of Godhead.

Complete Surrendering at the Lotus Feet of "The Lord" is the beginning of Our Personality Development.

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