

MAHABHAJANS - MAHAAARTIS (SUBLIME DIVINE HARMONY)

The spiritual influence of Bhajans and Aartis is connected with many elements of music. With the melody and the harmony of bhajan. With its arrangements, with the depth of music and text synthesis, with its interpretation, with sincerity and expressiveness of performance. In the genre of Bhajans, there is a sub-genre of Kirtans-repetition, glorification of the name of God. They are performed under the accompaniment of various musical instruments and simply with the clapping of hands. Performers in the process of singing are immersed in a joyous sublime state, they do not get tired, but on the contrary, they are enthusiastic and inspiring. The secret is in the word - in the name of God. It is the main influencing and elevating element, it immerses the performer, and the listeners in the inner spiritual atmosphere of high feelings. This requires faith and love for God, desire and interest in spirituality and one's spiritual development.

Sanskrit is a language, with most accurate deep compliance of the sound of every word with the subject, concept or the quality which means it. It corresponds with the truth. Every object, concept or feeling has its own vibration in the subtle world and in the higher worlds. It corresponds to the certain sound vibration - to a word on the Earth. Sanskrit is the oldest language, the language of Yogis, Mahatmas, the Vedic teachings, it is closest to such a harmonious correspondence of vibrations. Each letter has a universal spiritual meaning. Every word and especially thought expressed in Sanskrit deeply penetrate the subtle spiritual nature of man. They concern our spiritual centres and our heart, and cause a response in a form of a feeling and/ or understanding. And then there is a process that is described by a proverbial expression. "When a man does one step towards God, God does 10 steps towards him".

A man's readiness to perceive subtle, Spiritual vibrations is manifested in the increase of sensitivity and retirement of his perceiving apparatus, in aspiration towards profound and high feelings - towards God, and God steps forward to meet him and give a man what he desire's to. If a person is ready, he shows interest in spiritual things, tries to feel and see a high spiritual content in everything, and looks for spiritual meaning. A step to God with reference to Bhajans and music is when a person begins to listen to the Bhajans, to sing them, to listen to songs with spiritual texts, to listen to deep music, to reinterpret it, to put spiritual content in it, to listen to plainly beautiful songs that touch and inspire his soul, as well as reconsidering the content of these songs. In a human's soul, new higher, more subtle feelings are born. Sometimes they capture the soul so strongly and unexpectedly, that a man realises, that they are of a different level, of a different quality, and they cannot be compared to anything from the previous period of his life.

Subtle vibrations of the sound of music, words, spiritual meanings found an echo in one's soul, they resonate with the high vibrations of spiritual centres and a person has strong feelings of no resemblance to anything-his own soul answers him sublimely and repeatedly. All these vibrations harmonize his spiritual centres, consistently entering into resonance with the corresponding centres. In this case, not only harmonization occurs, but also the energy saturation of centres. The same process occurs when one reads Mantras. Mantras, repeated in day to day life, gradually harmonize and imbue the subtle bodies with spiritual energy.

The emergence of high feelings is the answer of God to a man. This is the answer of Aatma - the particle of God in the Soul of a man. The Spiritual Master leads us on the atomic plane; he tries to awaken us spiritually and inspires us to take steps towards God.

Bhajan means reverential spiritual devotional song for divine, God. Bhajans are prayers in song. Aarti is a ceremony in which lights are lit and offered up to Gods. Aarti is singing of hymns in praise of God. It is a worship of God. In Sanskrit Aarti means something that removes darkness. In Marathi language it is also known as Mahaneeranjana. Aarti ceremony is symbolical offering

to the Lord. Aarti is devotional song in praise of “The Lord”. It is an expression of love, gratitude, prayers, desires etc. Just as the lighted wick provides light and chases away darkness, the Vigilance of an individual can keep away the influence of the material world.

The universal Aarti is “Om Jai Jagdish Hare” in praise of “The Almighty Lord” “Mahaprabhu” is very common Aarti in India. There are many Aartis in praise of the various deities.



Bhajan Music (Musical Singing)