

**|| MAHAGUNADHARMA ||**  
**Glorious Spiritual Personality Qualities**  
**Integral Leadership Personality Development**

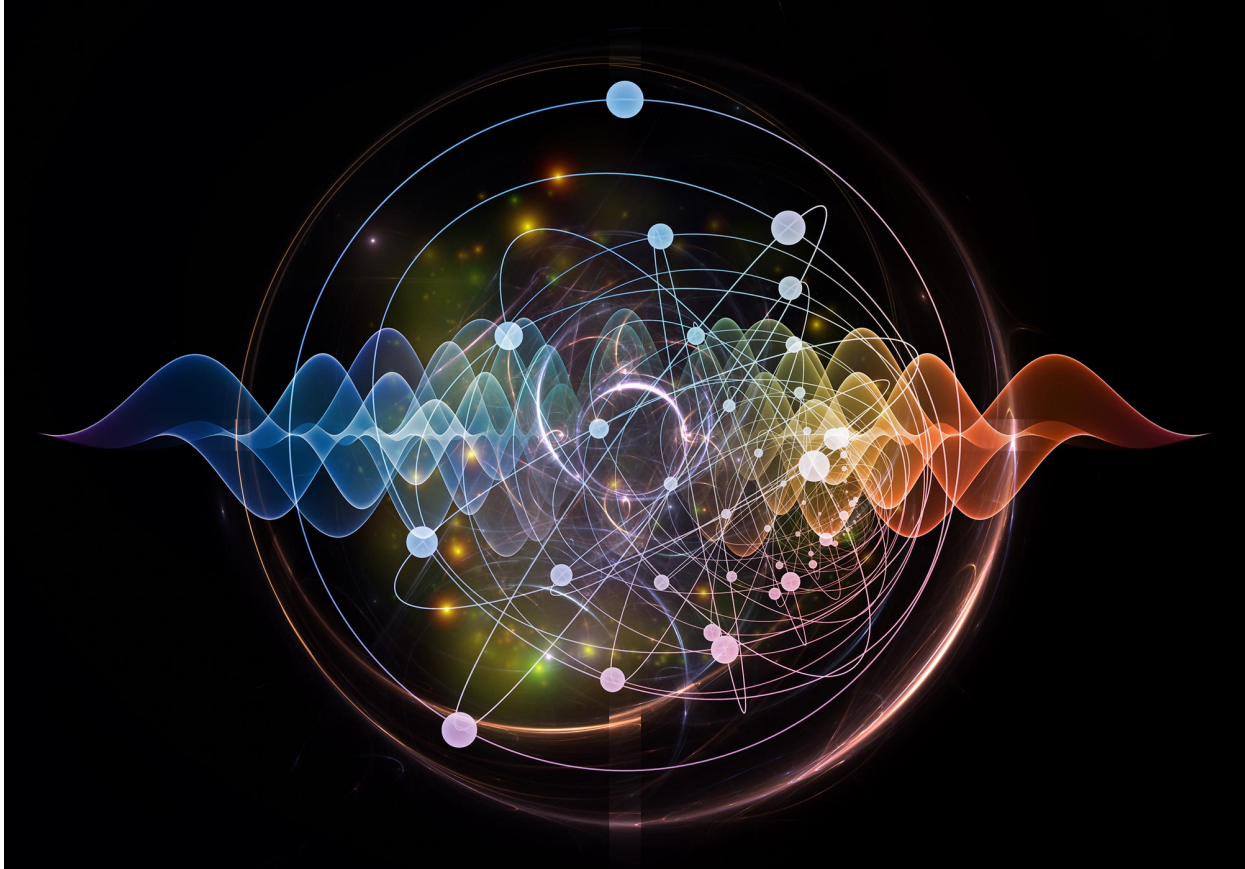
The Personality of a person is the inner, innate potential of his spirit, the fragrance of which spreads like bloomed flower. The lion stands as a king of the Jungle naturally and spontaneously, without any elections or support, which is governed to him by nature. Similarly you have to seat on throne specially made for you by “The Almighty Lord” and rule your kingdom as a king. Life is to weave the beautiful fabric of character and personality. You have to blossom yourself and enjoy the blooming, fragrance, shine and sweetness of fruits of your life. Your personality must be felt by your presence and must be very attractive, magnetic and impressive, no matter whatever your position may be in this material world. Although all human beings have most of the physical and mental resources and posses powers of various sorts, very few are master in using these resources and powers they have to develop their personality.

“He who is full of faith and virtue (moral goodness) possessed of repute and wealth, in whatever land he travels is everywhere respected,” spoke the Buddha.

You have to continuously introspect your improvements in personality development. To improve is to change, to be perfect is to change often. You must change your old uncreative habits and ways. You must workout new fresh better ideas and must aim towards perfection, always these are ways to improve yourself. “Where there is a will there is a way”.

Many of great rich movements in your life come from your inner hidden potentialities and capabilities. You have immense capabilities and potentialities which most people are unknown of. Many of you spent time going nowhere, and lead a frustrated life full of illusion. This happens because you have not tried to explore yourself, your innate energies and potencies. Most of you fail to cope up with problems created by our environment. Our self-concept that of ego of “I”ness and “me” associated with whatever you do has tremendous influence on the way you think and act as a whole. Our overall self-concept in fact tends to be an organised cluster of many selves. It helps to explain why we do not always act consistently. It is a common practice to identify our body images (how we perceive and feel about our body) our self-image (the self we see ourselves to be) our ideal self (the self we had like to be) and our social self (the way we feel others see us). Our tendency to see and act in consistent manner is also strengthened by our self-esteem the present evaluation of ourselves and the resulting feelings of worth associated with our self-concept. Self awareness and mental training can help us to achieve miracles in our lives. We can thus overcome our mental block and self doubts and tap our inner reservoir of energy to control our actions and environment without deliberate effort.

The amazing impact of this over destiny can hardly be over emphasized. Latest psychological research shows that an individuals emotional quotient (EQ) contributes much more vibrantly to ones productivity and success in life than even the much researched intelligence quotient. Daniel Goleman, on emotional intelligence states “what factors are at play when people of high IQ flounder and those of modest IQ do surprisingly well? I would argue that the difference quite often lies in the abilities called emotional intelligence, which include self control, zeal and persistence, and the ability to motivate oneself. These skills can be taught to children giving them a better chance to use whatever intellectual potential the genetic lottery may have given them. These are the times, he further maintains when the fabric of society seems to unravel at even greater speed when selfishness, violence, and a meanness of spirit seem to be rotting the goodness of our communal lines. This is growing evidence that fundamental ethical stances in life steam from underlying emotional capacities. For one impulse is the medium of emotion; the seed of all impulse is a feeling bursting to express itself in action. Those who are at the mercy of impulse who lack self control suffer a moral deficiency. The ability to control impulse is the base of will and characters. By the same token the root of altruism lies in empathy; the ability to read



Spiritual Transformation